





THE ALLOTMENT LUNCH

A TWO-COURSE SEASONAL CELEBRATION OF PRODUCE
WE MAKE AND BAKE IN OUR KITCHEN EVERYDAY

£14.95 for 2 courses (from the choices below)

MAIN

Courgette, French and Edamame bean, pea and spring onion risotto (Kcal 585) (Vg) (GF)

Ras el hanout pork with mint and red pepper couscous (Kcal 582) (GF)

Summer allotment bean salad (Kcal 383) (Vg) (GF)

Hot smoked trout and dill fish cake and fries (Kcal 505)

PUDDINGS

Rhubarb and strawberry crumble with custard (Kcal 664) (V)

Rosebourne sticky toffee pudding, vanilla vegan ice cream (Kcal 608) (Vg) (GF)

Fresh British Strawberries and pouring cream (Kcals 232) (V) (GF)

Kit Calvert Wensleydale cheese, butter, artisan crackers (Kcal 408) (V)



Please be advised both courses must be ordered at the same time. Subject to availability.

Please order by scanning the QR code on the menu using your smart phone or take the menu to our order points in the restaurant and place your order with a member of our team.

(V) Vegetarian

(Vg) Vegan

(GF) made using gluten free ingredients

* Can be made using gluten free ingredients

At Rosebourne, we take lifestyle choices and dietary requirements very seriously and understand that this includes the awareness of nutritional intake especially calories. As a guide our menus display the Kcal in the dish or drinks, our hot drinks Kcal value is with semi skimmed milk and wheat bread in dishes.

Dishes described may include nuts, and other allergens please inform us of any allergens or dietary requirements. Detailed allergen information is available, please be aware we produce and make our food in our kitchens where allergens are present in the environment.

HOT DRINKS

Double Espresso (Kcal 2), Macchiato (Kcal IO) **£2.75**

Americano (Black Kcal 2/Kcal 16) £2.95

Cappuccino (Kcal 97) £3.25

Flat white (Kcal 109) £3.15

Latte (Kcal 143) £3.25

Mocha (Kcal 274) £3.60

Iced Latte with shot of syrup (Kcal 203) £4.00

Dark hot chocolate (Kcal 305) £3.60 Add whipped cream (Kcal 60), and marshmallows (Kcal 170) £1.00

All coffees and teas can be made or served with coconut milk, lactose free milk, or oat milk.

Syrups: caramel (Kcal 39), hazelnut (Kcal 63), gingerbread (Kcal 63), vanilla (Kcal 59) £0.75

Decaffeinated available on request

BIRCHALL TEAS

Pot of English breakfast tea (Kcal I4) £2.80

Pot of specialised tea (Kcal I4) **£2.90** Afternoon, Darjeeling, Decaffeinated, Earl Grey

Pot of fruit and herbal tea **£2.90**Camomile (Kcal I4), lemongrass & ginger (Kcal 0), peppermint (Kcal 0), green tea (Kcal 0),

red bush (Kcal I4), raspberry and flowers (Kcal 0).

LOW SUGAR COLD DRINKS

Hildon mineral water, still or sparkling (Kcal 0) £2.25

Diet Coke, Coke Zero (Kcal 0) £2.80

Elderflower and lemon sparkler (Kcal 40) £3.20

Lime and basil sparkler (Kcal 40) £3.20

COLD DRINKS

Coca Cola (Kcal 139) £2.80

San Pellegrino £2.90

Blood Orange, Grapefruit, Lemon, Pomegranate and Orange, Orange (Kcal 72)

Frobisher Fusion £3.40

Apple and mango (Kcal 90), Apple and raspberry (Kcal 83), Orange and passion fruit (Kcal 99)

Luscombe organic sparkling **£3.50**Cool ginger beer (Kcal 340), Elderflower bubbly (Kcal 74), Raspberry lemonade (Kcal 86)

Juices £3.60

Apple (Kcal I50), Cranberry (Kcal I74), Grapefruit (KcalI40), Orange (Kcal II4)

BEERS AND CIDER

Andwell Pilsner Lager 330ml 4.5% (Vg) £4.75 Gold Muddler Blonde Ale 500ml 4.2% (Vg) £5.25

Good Old Boy Best Bitter 500ml 4.0% (Vg) £5.25

Meon Valley's Brown Trout Cider 500ml 6% (Vg) **£5.25** Siren Brewery Gluten Free Pilsner Lager 330ml 4.8% (Vg) **£5.25**

WINES

Sparkling

Freixenet Prosecco 200ml II.5% (Vg) £6.50

Freixenet Italian Rosé 200ml II% (Vg) £6.50

White wine

Vonderling Sauvignon Blanc 250ml I2%

(Vg) £6.25

Rosé wine

Vonderling Merlot Pinotage 250ml 12.5%

(Vg) £6.25

Red wine

Vonderling Petit Rouge 250ml I3.5% (Vg)

£6.25