



LUNCH MENU

WE MAKE AND BAKE IN OUR KITCHEN EVERYDAY

LIGHT LUNCHES

- Soup (please ask) with our baker's bread and butter (Kcal 234) (Vg)* **£6.50**
- Soup (please ask) with a cheese scone and butter (Kcal 590) (V) **£6.95**
- Quinoa, black bean chilli, avocado, coconut yogurt (Kcal 394) (Vg) (GF) **£7.75**
- Tomato and Brie quiche with dressed summer salad garnish (Kcal 490) (V) **£7.95**
- Atlantic prawn cocktail, Marie rose sauce, lemon, granary bread and butter (Kcal 466)* **£8.95**
- OPEN AND HOT SANDWICHES**
accompanied with dressed summer salad garnish (Kcal 100) (Vg) (GF)
- Rosebourne Welsh rarebit, grilled tomato (Kcal 424) (V)* **£7.75**
- Heritage tomato and whipped feta with basil oil, open sourdough (Kcal 452) (V)* **£8.95**
- Toasted Cheddar cheese and tomato, onion chutney on sourdough (Kcal 498) (V)* **£8.95**
- Toasted brie, cranberry and bacon on sourdough (Kcal 545)* **£9.50**
- Toasted tuna mayonnaise and cheddar cheese on sourdough (Kcal 466)* **£9.50**
- Toasted treacle and mustard glazed ham and cheese, tomato chutney on sourdough (Kcal 540)* **£9.75**
- Spinach falafel, harissa spiced houmous, pickled red onion flatbread, garlic dip (Kcal 632) (Vg) **£9.95**
- Chicken and bacon Caesar wrap (Kcal 545) **£9.95**
- Fish finger roll, rocket, tartare sauce, lemon (Kcal 532) **£9.95**
- Toasted roast beef, blue cheese and red onions on sourdough with a deep fried gherkin (Kcal 673) **£10.25**
- Smoked salmon, cream cheese and chives, capers, open sourdough (Kcal 384) **£10.95**

SLOW BAKED JACKET POTATOES

- accompanied with dressed summer salad garnish (Kcal 100) (Vg) (GF)
- Posh beans (Kcal 376) (Vg) (GF) with mature Cheddar (Kcal 101) (V) (GF) or vegan cheese (Vg) (GF) (Kcal 76) **£7.95**
- Coronation Chicken (Kcal 607) (GF) **£8.95**
- Prawns, Marie rose (Kcal 565) (GF) **£9.95**

SIDES

- House coleslaw (Kcal 287) (Vg) **£2.25**
- Fries (Kcal 264) (Vg) **£2.95**
- Dressed summer salad leaves, radish and spring onion (156) (Vg) **£2.95**

SALADS AND PLATTERS

- Summer allotment bean salad (Kcals 383) (Vg) (GF) **£10.95**
- Watermelon, feta and mint, balsamic dressing on summer leaves (Kcal 381) (V) (GF) **£11.25**
- Chicken Caesar, little gem, anchovies, garlic croutons, parmesan, Caesar dressing (Kcal 780) **£12.95**
- Treacle and mustard glazed ham, pork pie, sausage roll, piccalilli and pickles (Kcal 1136) **£13.25**
- Gardeners Cheese Ploughmans, Barbers Mature Cheddar, Kit Calvert Wensleydale and Smoked Brie, apple, celery, apricot chutney, hunk of bread and butter (Kcal 1486)* **£13.95**
- Chalk Stream hot and cold smoked trout, trout pate, lemon, baby watercress and toasted sourdough (Kcal 575)* **£14.95**

MAINS

- Hot smoked trout and dill fish cake, poached egg, Hollandaise Sauce dressed summer leaves (Kcal 505) **£10.95**
- Courgette, French and Edamame bean, pea and spring onion risotto (Kcals 585) (Vg) (GF) **£11.95**
- Ras el hanout pork with mint and red pepper couscous (Kcal 582) (GF) **£11.95**
- Treacle mustard glazed ham, fried free-range eggs, fries (Kcal 934) **£12.75**
- Vicars chuck and short rib beef burger, sour dough onion bun, mature cheddar, little gem, tomato, gherkin, and fries (Kcal 1036) **£13.50**
- Muddlers Gold Ale battered fish and chips, mushy peas, tartare sauce, lemon (Kcal 1141) **£13.95**

PUDDINGS

- English Strawberries and pouring cream (Kcal 232) (V) **£4.95**
- Rhubarb and strawberry crumble with custard (Kcal 664) (V) **£5.50**
- Rosebourne sticky toffee pudding, vanilla vegan ice cream (Kcal 608) (Vg) (GF) **£5.75**
- Eton mess (Kcal 537) (V) (GF) **£5.95**
- Peach melba ice cream sundae (Kcal 732) (V) (GF) **£6.95**

SCONES, BAKES AND CAKES

- Rosebourne scone with butter (Kcal 622) (V) **£3.75**
- Choice of cheese, fruit,* plain
- Rosebourne scone, butter, and jam (Kcal 698) (V) **£4.25**
- Cheese scone, cream cheese and chive, onion marmalade (Kcal 541) (V) **£4.95**
- Scone, clotted cream, and jam (Kcal 784) (V) **£4.95**
- The Rosebourne Rascal with butter (Kcal 655) (V) **£4.25**
- Almond blueberry Bakewell slice (Kcal 356) (Vg) **£3.95**
- Dark 70% chocolate and orange truffle square (Kcal 341) (Vg) (GF) **£4.00**
- Toasted teacake with butter (Kcal 238) (V) **£4.25**
- Lemon and rosemary drizzle cake (Kcal 526) (V) **£4.25**
- Dark Chocolate brownie with dark chocolate ganache (Kcal 543) (Vg) **£4.50**
- Raspberry and lemon polenta cake (Kcal 455) (V) (GF) **£4.50**
- Coffee and walnut cake (Kcal 631) (V) **£4.75**
- Rosebourne raspberry Victoria cream sponge (Kcal 649) (V) **£4.95**
- Carrot and caramelised walnut cake (Kcal 535) (V) **£5.25**
- Apricot and pistachio cake (Kcal 740) (V) (GF) **£5.50**

Lunch is served between 11:30am to 2:30pm

HOT DRINKS

- Double Espresso (Kcal 2), Macchiato (Kcal 10) **£2.75**
- Americano (Black Kcal 2/Kcal 16) **£2.95**
- Cappuccino (Kcal 97) **£3.25**
- Flat white (Kcal 109) **£3.15**
- Latte (Kcal 143) **£3.25**
- Mocha (Kcal 274) **£3.60**
- Iced Latte with shot of syrup (Kcal 203) **£4.00**
- Dark hot chocolate (Kcal 305) **£3.60**
- Add whipped cream (Kcal 60), and marshmallows (Kcal 170) **£1.00**
- All coffees and teas can be made or served with coconut milk, lactose free milk, or oat milk.
- Syrups - caramel (Kcal 39), hazelnut (Kcal 63), gingerbread (Kcal 63), vanilla (Kcal 59) **£0.75**
- Decaffeinated available on request

BIRCHALL TEAS

- Pot of English breakfast tea (Kcal 14) **£2.80**
- Pot of specialised tea (Kcal 14) **£2.90**
- Afternoon, Darjeeling, Decaffeinated, Earl Grey
- Pot of fruit and herbal tea **£2.90**
- Camomile (Kcal 14), lemongrass & ginger (Kcal 0), peppermint (Kcal 0), green tea (Kcal 0), red bush (Kcal 14), raspberry and flowers (Kcal 0).

LOW SUGAR COLD DRINKS

- Hildon mineral water, still or sparkling (Kcal 0) **£2.25**
- Diet Coke, Coke Zero (Kcal 0) **£2.80**
- Elderflower and lemon sparkler (Kcal 40) **£3.20**
- Lime and basil sparkler (Kcal 40) **£3.20**

GOLD DRINKS

- Coca Cola (Kcal 139) **£2.80**
- San Pellegrino **£2.90**
- Blood Orange, Grapefruit, Lemon, Pomegranate and Orange, Orange (Kcal 72)
- Frobisher Fusion **£3.40**
- Apple and mango (Kcal 90), Apple and raspberry (Kcal 83), Orange and passion fruit (Kcal 99)
- Luscombe organic sparkling **£3.50**
- Cool ginger beer (Kcal 340), Elderflower bubbly (Kcal 74), Raspberry lemonade (Kcal 86)
- Juices **£3.60**
- Apple (Kcal 150), Cranberry (Kcal 174), Grapefruit (Kcal 140), Orange (Kcal 114)

BEERS AND CIDER

- Andwell Pilsner Lager 330ml 4.5% (Vg) **£4.75**
- Gold Muddler Blonde Ale 500ml 4.2% (Vg) **£5.25**
- Good Old Boy Best Bitter 500ml 4.0% (Vg) **£5.25**
- Meon Valley's Brown Trout Cider 500ml 6% (Vg) **£5.25**
- Siren Brewery Gluten Free Pilsner Lager 330ml 4.8% (Vg) **£5.25**

WINES

- Sparkling*
- Freixenet Prosecco 200ml 11.5% (Vg) **£6.50**
- Freixenet Italian Rosé 200ml 11% (Vg) **£6.50**
- White wine*
- Vonderling Sauvignon Blanc 250ml 12% (Vg) **£6.25**
- Rosé wine*
- Vonderling Merlot Pinotage 250ml 12.5% (Vg) **£6.25**
- Red wine*
- Vonderling Petit Rouge 250ml 13.5% (Vg) **£6.25**

Please order by scanning the QR code on the menu using your smart phone or take the menu to our order points in the restaurant and place your order with a member of our team.

(V) Vegetarian (Vg) Vegan (GF) made using gluten free ingredients * Can be made using gluten free ingredients

At Rosebourne, we take lifestyle choices and dietary requirements very seriously and understand that this includes the awareness of nutritional intake especially calories. As a guide our menus display the Kcal in the dish or drinks, our hot drinks Kcal value is with semi skimmed milk and wheat bread in dishes.

Dishes described may include nuts, and other allergens please inform us of any allergens or dietary requirements. Detailed allergen information is available, please be aware we produce and make our food in our kitchens where allergens are present in the environment.



The finest taste from the purest water

Enjoy the finest ChalkStream® hot smoked trout, smoked trout and trout pate, sourced on the world-famous Test and Itchen Rivers in Hampshire. Slow grown for 2 years in farms built on fast-flowing pure chalk stream water, Chalkstream® trout are fit and lean with a unique, clean taste. The farms that supply ChalkStream® are built on the sites of old water mills. The mill races provide a huge volume of water allowing the fish to grow in a constant current mirroring their natural river environment.

A splash of Gold Muddler

Named after a fishing fly used for luring trout, Gold Muddler is an English blonde ale that has a refreshing palate due to the use of high quality pale ale malt. Brewed by the Hampshire based Andwell Brewing Company this craft ale makes the perfect addition to our delicious batter mix creating the classic fish and chips with mushy peas, tartar sauce and lemon.



Reducing our environmental impact:

As part of our ongoing activity to lessen our impact on the environment we are moving away from using glass bottles for soft drinks, beers and wines in our restaurants. This switch to aluminium cans is better for the environment with a lower carbon footprint as aluminium can be endlessly and easily recycled.